

WillyCamp Team Rules

Central Catholic
Riverdale
LaSalle
Ida B Wells
Wilsonville
West Linn
HS Ski Teams and Individuals

Attendance Policy:

It is expected that athletes make it a priority to be part of the team and that includes attending scheduled practices. Excused absences will require a signed parent note, parent's email with email address, parent's phone text to the head coach prior to practice. Parents expect to have a return phone call from coach to verify note.

One unexcused absence that wasn't prearranged with the Head Coach will result in an **automatic** demotion to one level down. Varsity to JV, or JV to JV2, etc. Once an athlete reaches three unexcused absences, the coach will have a phone call or meeting with the athlete about the level of commitment from the racer and desire to stay on the team. If there are any un-excused absences after this point, the athlete may be asked to leave the team [coach's discretion] [no refunds allowed]. Only three excused absences are allowed for the whole season. All athletes must attend a minimum 3 training dates, and 3 league races to be eligible for State races, unless prearrange with the Head Coach. OISRA requires all athletes to participate in a minimum 3 TRL League races during the league season, to qualify for state competition as an Individual or team athlete, unless the athlete can prove hardship.

This is HS team sport, not youth club. We are here to work and get better, and when you aren't here, it hurts your team that is trying to improve. No unexcused absences allowed for on snow practice. I need to fill out racer seeding 3 day's before each race. It is important to notify the Head Coach 3 days in advance if you are going to miss the upcoming race. If you are sick and cannot make the race after the 3 days before the event, I only have an opportunity to move up a JV athlete into the missing athlete's seed. I cannot redo seeding after I submit 3 days prior to the race. If we do not have JV athletes, we then race with an empty seed.

Coach's word is FINAL, PERIOD! The RACE ORDER is determined by the Head Coach and Assistant Coaches, no room for discussion or dissent, PERIOD! Play your role as a racer on a TEAM and do what is best for the TEAM, not you as an individual.

Winning a Letter:

Letters will be granted to individuals who start in at least 2 of a full, 6, racer varsity team, in varsity races. If less than 6 racers compete per team, than an Individual will be granted a letter by either a top 25 finish in a Varsity TRL Race, or is selected to go to state either as an Individual or part of a team.

In specific situations the head coach may use discretion in awarding a letter.

Student Code of Conduct:

All students who participate in Ski team are advised and agree to the following:

1) In the event a student member of WillyCamp HS group teams uses, sells, distributes or possesses alcoholic beverages, narcotics, tobacco or other illegal substances during the ski season (beginning with the first dry-land training to last team race), the student will be put on probation or expelled from the team at WillyCamp discretion. This means at ANY time during the season.

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2) Suspension from the Team will result from disruptive behavior, rude behavior, abusive language and inappropriate behavior towards coaches, other team members, staff, parents and/or vandalism or fighting during any Team function. Expulsion will result from any repeat offense.

3) Any student member expelled or suspended from the team will not be entitled to a refund of fees paid to the Team.

4) Students are permitted to drive to or from races and on-hill training whom have a valid driver's license. Athletes are permitted to Car Pool with family members. Athletes are permitted to Car Pool with other athletes as long as the have **written permission** from Car Pooling athlete's parent or guardian either by paper note, email from parent email address, or text from parent's cell phone.

5) In order to be able to participate in any OISRA sanctioned events, the racer must meet all school and/or school district academic and athletic requirements as established in "Rule 8, Individual Eligibility," of the OSAA/OISRA Rules and Regulations. In order to participate in Ski Team, an athlete must have a 2.0 GPA without any F's or a 2.5 GPA with one F to be eligible to participate in a High School athletic program such as Ski Team.

6) Failure to participate in on the mountain training could result in not being seeded for league races. Exceptions will be made for those who have jobs or other reasons as approved by the Head Coach.

Other Racers & Recreational Skiers on the Mountain:

All athletes must understand that their actions both on, and off the mountain, are being watched by Mt Hood community members, visitors, and young racers who may one day be a future HS racer. It is important to represent WillyCamp and your school with class and respect at all times. We must always strive to set the standard for others to follow.

WillyCamp Team Captain on snow expectation:

Each Team Captain is expected to communicate to WillyCamp arrival times during night training. During night training team captains are also expected to make sure all athletes make it to the training venues, and check in with WillyCamp staff, if staff is not around to greet them at the lodge.

Captains are also expected to make sure their team is on snow and ready to participate at designated weekend scheduled time for race day, and weekend training.

Captains are to make sure their team athletes understands race day protocols and follows up with the team on second run inspection time and when to meet at top of course for second run inspection.

Captains are responsible for each athletes conduct on the slopes and in the lodge. If you see an athlete from your team or another WillyCamp athlete being disrespectful, please remind them that they representing not only the Team, but WillyCamp and the Mountain.

Racing Policies:

Race Start Orders Race orders will be determined by the coaching staff based on the following:

- School eligibility requirements (attendance, disciplinary actions, academics, etc.)

- Recent performance (specific to each discipline)

- Attitude toward the program

- Attendance

- Health status as deemed by the school athletic trainer or physician.

- Willingness to volunteer at league events/competitions, when appropriate

Note: All final decisions will be based on the discretion of the WillyCamp Alpine Ski Team

Coaching Staff

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Race Day Athlete Expectations:

All athletes are expected to participate on race day in the capacity that they are able.

WillyCamp Athletes are **required** to stay at the end of the race to help disassemble the course.

All athletes will meet at the bottom of the course following the end of the race, where they will be released by the coaching staff to head into the lodge and pack up to go home with their carpool.

Athletes that leave early without checking with WillyCamp Coaches will be docked unexcused absent and be demoted the following race day, at coaches discretion.

Parent's Agreement to Volunteer:

We, as parents, are advised and agree to provide Ski Racers a safe opportunity to enjoy skiing. In order to ensure this, we agree to volunteer for a minimum of 3 volunteer positions (may fluctuate based on number of participants). That may be as chaperones to the mountain or coordinators or race volunteers. These positions are varied to accommodate if you are unable to actually go to the hill with us. Although coaches are present during all or most of these activities, their job is just that-coaching. It's up to us to make sure all that's going on surrounding that is as safe (and as FUN) as possible.

During races, all parents should cheer for the team and refrain from coaching. We work very hard to help our athletes ski the best that they can; to help athletes understand any course and conditions; and to place our athletes in the most comfortable situations possible. We want our athletes to be able to function for themselves.

It is also expected that all WillyCamp fans cheer in a positive manner and communicate with the officials with respect. It must be understood that the officials are doing their best to do the incredibly tough job of putting on races and serving our athletes.

After race, we ask that all parents, visitors, and media personnel wait until the athletes and coaching staff have finished their race day responsibilities, and have been released by WillyCamp Staff.

Parents and community members must seek to attain the same goals as the athletes. Be positive and encouraging throughout the year. Although you may not agree with all the decisions of the coaching staff, we would hope that you would support our efforts to put the best possible team together throughout the season. However, if this becomes impossible, I would suggest that you consult us as to whether your child should remain a part of the program

When situations arises that involve the athlete and is a concern to the parent, the parent is to communicate that concern to the parent rep the following day of the parents concern. The parent rep will try and do their best to resolve the concern with the parent, before contacting WillyCamp. If the parent rep cannot resolve the concern and needs to get clarification from WillyCamp, the parent rep will then communicate to Willy Scroggins, or if he is not available to Lloyd Scroggins.

If the concern is a safety issue please bring it to the attention of a coach or the parent rep ASAP.

Safety:

All athletes are required to have skied a black diamond. WillyCamp is not equipped to handle beginner skiers, and some of our training/race venues will have a black diamond as part of the course.

Athletes are required to ski with another skier, no exception. If a skier is injured during training, or race day, their partner is required to stay with the skier until ski patrol arrives. When patrol arrives the student is required to find WillyCamp staff or get communication to a WillyCamp coach, either by radio contact or by sending another skier.

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Each athlete is to check in with a WillyCamp coach before running any training course. If you are not sure what to do, please wait at the top of the training venue, a coach will eventually. It is very important to check in. Sometimes we might not be done setting up the venue, there might be a down skier, or general public might be in the venue.

Athletes are required to slip and inspect the training courses before they can run unless directed by a coach to go ahead and run them.

Athletes are required to stay in designated groups unless released by the coach during training.

Coaches Statement:

We, the coaching staff, feel it is essential to clearly communicate our policies and the expectation that these rules be followed. Clear communication is the foundation for any truly successful program. Most, if not all issues can be resolved quickly through early communication by coaches, athletes, parents, and the entire community. We also realize that extreme situations can arise, and we may have to alter a rule if deemed necessary. This would only occur if in the best interests of the individual and the WillyCamp athletes. This packet is an honest attempt to be fair to everyone involved. I ask that you trust us to do our best for yourself, for your children, and our community.

Additional Information can be found on the Three Rivers League, and OISRA websites

<https://www.ski3rivers.org/>

<https://www.oisra.org/coaches-training/coach-registration-completions.html>

Head Coach Willy Scroggins

WillyCamp.com
awillygoodcamp
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Both Athlete and Legal Guardian are required to sign and give back to Parent Rep

Athlete: _____ Date: _____

Parent: _____ Date: _____